

Alastair Rushworth PhD Scholarship Fund Flinders Ranges Experience 2023



THE UNIVERSITY
OF QUEENSLAND
AUSTRALIA

Queensland Brain Institute

Departing: 26th - 30th October 2023*

*Minimum 12 participants departing

Price: \$2890* (ex Adelaide) *shared accommodation (single supplement subject to availability)

**flights not included



RAISING MONEY FOR DEMENTIA RESEARCH AT THE QUEENSLAND BRAIN INSTITUTE

The Alastair Rushworth PhD Scholarship Fund at the Queensland Brain Institute provides critical support for a young scientist researching dementia.

Join the Aurora QBI Team as we take on sections of the stunning **Flinders Ranges in South Australia** and raise funds for this amazing cause.





Janice Rushworth and past Scholarship recipient Dr Igor Bonacossa Pereira



Dr Igor Bonacossa Pereira explaining his research



Montana Samantziš- Current Scholarship recipient

Departing: 26th-30th October

2023 Minimum 12 participants departing.

Price: \$2890 pp

*based on shared accommodation.

Inclusions

Your trek cost includes:

- Fully guided walk each day with support vehicle available for pick up at access points
- Meals as indicated on the itinerary
- Satellite phone for emergency use
- Accommodation on trek
- Trek notes/packing suggestions
- 6 week supervised training program
- Shirt and cap
- Park permits and trek transfers

Exclusions

Your trek cost excludes:

- Personal expenses
- Boots and a small amount of personal trek clothing
- Personal Medications
- Flights to and from South Australia
- Meals not listed in itinerary

Flinders Ranges 2023

Itinerary

Day 1 - 26 October 2023 Arrive in Adelaide by 1.30pm when transfer departs to The Adelaide Inn. We have our Welcome dinner and overnight stay.
Meals: (D)

Day 2 - 27 October 2023 Depart Adelaide early. We transfer out to Warren Gorge Circuit (4 hour transit) then walk the Gorge circuit a 5km (3 hour) walk then a further 1.5 hour walk (2.5 km) to arrive at Rawnsley Park Station that afternoon. **Meals: (B,L,D)**

Day 3 - 28 October 2023 After an early start with breakfast in our rooms we depart at 7am for the 25 minute transit to Wilpena VC and the Tanderra Saddle. We will begin our 10km medium to hard graded loop to Tanderra Saddle with the option to continue to St Mary's Peak (+2km). Time estimated walking is between 5-7 hours. The walk will include spectacular views and outlooks over the pound. **Meals: (B,L,D)**

Day 4 - 29 October 2023 We depart Rawnsley Park Station (15 mins) to start our Arkaroo Rock Hike to view the Aboriginal rock paintings a 3km (2 hour) easy grade loop then travel to Alligator Gorge a 3km (2 hour) easy grade trek. We continue for a further 6kms (4 hours) to our accommodation at Clare Valley Motel for a well deserved Farm Feast degustation dinner at the Watervale Hotel. **Meals: (B,L,D)**

Day 5 -30 October 2023 We depart Clare Valley by the Riesling trail to trek to Sevenhill a 5km (3-3.5 hours) trek where we are collected to transfer to Skillogallee Winery for our end of trip celebratory lunch. From here we have a 2 hour transfer to Adelaide airport for flights home. **Meals: (B,L)**

For further information on this itinerary or any aspect of this trek and connecting flight recommendations please contact Mary Smith on 0410 608 800 or mary@aurorahq.com.au.

NB: Once your deposit is paid balance trek fees can be paid in installments up to 6 weeks prior to departure. Contact Mary to set up your installment plan if this is of interest.

